

grain & grill

BAR & RESTAURANT

Lunch Menu

Lunch specials

Chef's soup of the day €4.70

Accompanied with brown bread

(Contains Allergens: 6 Oats & Flour, 7, 12)

Traditional sandwiches €7.25

Available on batch or bloomers bread. Select up to 3 fillings from the following: Ham, chicken, cheese, egg, tuna, mixed salad

(Contains Allergens: 6 Oats & Wheat & Flour, 7, 9, 10, 11, 13)

Traditional Caesar salad €8.50

Gem lettuce, creamy Caesar dressing, crispy bacon wafer, croutons and parmesan add chicken €9.50

(Contains Allergens: 6 Oats & Flour, 7, 11, 12, 13)

Grilled goats cheese salad €7.95

Fresh rocket leaves, black olives tapenade, roasted tomatoes and red peppers, dressed with low calorie vinaigrette main course €13.50

(Contains Allergens: 7, 12, 13)

The Maldron club €9.50

Grilled chicken breast and crispy bacon in a toasted Ciabatta bread, with chilli aiolo, crispy lettuce, tomato and red onion

(Contains Allergens: 6 Wheat & Flour, 7, 11, 12, 13)

 *Signature Dish*

Cajun chicken wrap €9.50

Marinated Cajun chicken mixed with spiced rice, aioli and all rolled up in a wrap

(Contains Allergens: 6 Oats & Wheat & Flour, 7, 9, 10, 12)

Fivemiletown oak cheddar sandwich €9.50

Home cooked ham & sautéed red onions topped up with melted Fivemiletown oak cheddar and served on crispy French toast

(Contains Allergens: 6 Oats & Wheat & Flour, 7, 9, 10, 11)

Light bites

Golden fried chicken wings €7.25

Marinated in Frank's buttery hot sauce or BBQ sauce served with a blue cheese dip and celery sticks main course with chunky chips €12.50

(Contains Allergens: 7, 8, 12, 13)

Garlic mushrooms €6.50

Golden fried mushrooms on a bed of mixed leaf salad and served with a garlic aioli

(Contains Allergens: 6 Oats & Flour, 7, 11, 13)

Irish oak smoked salmon €8.95

Mixed leaf salad, capers and pickled red onion, sour cream and homemade Guinness bread

(Contains Allergens: 3 Salmon, 6 Oats & Flour, 7, 11, 13)

Dublin Bay seafood chowder €8.50

Fresh & smoked fish in a rich creamy vegetable and potato broth served with homemade Guinness bread main course €14.50

(Contains Allergens: 1 & 2 Mussels, 3 Salmon & Cod & Haddock, 6 Oats & Flour, 7, 12, 13)

House favourites

Traditional Fish & Chips

€14.50

Crunchy battered fresh cod with salt & vinegar chips, gibriche sauce and caramelised lemon

(Contains Allergens: 3 Cod, 6 Wheat & Flour, 7, 11, 12, 13)



Irish sirloin steak sandwich

€16.75

Grilled Irish sirloin steak served in ciabatta bread with mayonnaise, sautéed onion and crispy baby gem lettuce, served with relish and chunky chips

(Contains Allergens: 6 Wheat & Flour, 7, 11, 12, 13)

The grain & grill Irish Angus ground steak burger

€14.50

Grilled beef burger, smoked bacon, cheddar cheese on a brioche bun with garlic aioli, relish, tomato, onion, crispy lettuce served with chunky chips

(Contains Allergens: 6 Wheat & Flour, 7, 8, 11, 12, 13)



The grain & grill chicken burger

€14.50

Crispy buttermilk chicken on a brioche bun with a chilli & pepper relish, ruby slaw, served with chunky chips

(Contains Allergens: 6 Wheat & Flour, 7, 8, 11, 12, 13)

Chilli dressed linguine

€12.50

Homemade tomato sauce, cherry tomatoes, chillies, coriander, rocket leaves, parmesan

(Contains Allergens: 7, 11, 12, 13)

Red Thai vegetable curry

€12.50

Scented with coconut milk and kaffir leaves, served with long grain rice, poppadum

(Contains Allergens: 7, 8, 11, 12, 13)

add chicken €14.50

Sides

Chunky chips

€3.60

House salad

€4.20

(Contains Allergens: 13)

Food Allergy Disclaimer:

Please be advised that our menu items may contain allergens, may have come in contact with items containing allergens, and there is always a risk of contamination or cross contact. In addition, the potential does exist, that food manufacturers may change their formulation or manner of processing without our knowledge.

Allergen Index

No 1 & 2 Shellfish, No 3 Fish, No 4 Peanuts, No 5 Nuts,
No 6 Cereal containing gluten, No 7 Milk/Milk Products, No 8 Soya,
No 9 Sulphur Dioxide, No 10 Sesame Seed, No 11 Egg, No 12 Celery and Celeriac,
No 13 Mustard, No 14 Lupines

